







# Max Fitness Group Exercise Schedule - Augusta



GX Studio

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Time	Saturday	Sunday
5:30am	<b>LES MILLS BODYPUMP</b>		<b>LES MILLS BODYPUMP</b>		<b>LES MILLS BODYPUMP</b>			
9:00am		 <b>YOGA</b>		 <b>ZUMBA</b>		9:00am	<b>Cycle/RPM</b>	
10:00am	<b>LES MILLS BODYPUMP</b>		<b>LES MILLS BODYPUMP</b>		<b>LES MILLS BODYPUMP</b>	10:00am	<b>LES MILLS BODYPUMP</b>	
10:30am						11:00am		
5:00pm		<b>LES MILLS RPM</b>						
5:30pm	<b>LES MILLS BODYPUMP</b>		<b>LES MILLS RPM</b>		<b>LES MILLS BODYPUMP</b>	3:00PM		 <b>ZUMBA</b>
6:00pm		<b>LES MILLS BODYSTEP</b>		<b>LES MILLS BODYCOMBAT</b>				
6:45pm	 <b>ZUMBA</b>		 <b>ZUMBA</b>		 <b>ZUMBA</b>			
7:00pm								

Schedule is subject to change